Welcome

to your California Select Managed Care Direct Compensation dental plan.

Thank you for choosing a dental plan from UnitedHealthcare. We're here to make your health care experience easier.

Get to know your dental plan.

With this plan, your coverage begins right away. You don't need to meet a deductible. There's no annual maximum, which is the limit to how much the plan will pay each year, and the plan doesn't exclude care for dental issues you may have had before becoming a UnitedHealthcare member.

Preventive care.

As long as you see your primary care dentist, your plan pays for all or most of your preventive dental care, including routine checkups, cleanings and annual oral cancer screens for adults. You can get two cleanings in a 12-month period — one every six months. Some plans cover more cleanings for an additional copay.

Preventive visits are important because your dentist can catch problems early when they're easier to treat. Good oral health helps protect your teeth and gums and is also linked to your overall health.

Fillings, crowns and more.

Your plan also covers other types of dental care, including fillings, crowns, and braces. You just need to pay a copay (a set dollar amount) at the time of your appointment. Some plans only cover silver fillings for back teeth. If you choose white fillings, you may have a higher copay.

Get extra dental visits when you're pregnant.

Increased bacteria levels in a pregnant woman's mouth can lead to tooth decay. Your plan covers extra visits for cleanings and gum treatments when you're pregnant, as recommended by your dentist. Ask your dentist to submit a claim to the address on your ID card. Be sure to include the name of your OB/GYN and your pregnancy due date.

Log in to myuhc.com to see your dental plan documents and complete coverage details.

Get the most from your benefits.

1. See any primary care dentist who is part of the network.

2. Find a network dentist on **myuhc.com®** or by calling customer care.

3. Get a referral from your primary care dentist if you need to see a specialist.

4. Enjoy full coverage for preventive services.

5. Pay a copay for other types of dental care, including braces.

Need help?

Visit myuhc.com.
Log in to find personal details about your plan.

Call toll-free.
Call customer care anytime you have a question at **1-800-445-9090**, TTY 711, Monday through Friday, 7 a.m. to 10 p.m. CT.

Connect with us.
Twitter®: @myUHC
Facebook® and YouTube®: UnitedHealthcare

UnitedHealthcare®

Make the most of your dental plan.

As a member, you can see your plan details, check your claims and learn about oral health on **myuhc.com**.

Find a network dentist.

Finding a network dentist is easy. You have two options:

1. Log in to **myuhc.com** and use the **Find a Dentist** tool to search by name, facility or location. You'll see a list of dentists who are part of your network.

2. Call the customer care number on your ID card.

If a network dental provider is not available within a reasonable distance of where you live or work, you may be referred to an out-of-network dental provider and still receive services at the network rate. Please see your official dental plan documents for all of the details about your plan coverage or call the number on the back of your ID card.

Use your dental ID card.

All members receive an ID card. Your card only lists the name of the person who signed up for the plan, but everyone covered by your plan should use the card. Be sure to bring it with you each time you see the dentist.

Print your ID card anytime at **myuhc.com**.

Need help?

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